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Narcissistic Vulnerability as a Mediator between Parental Pressure, Perfectionism and Procrastination in Medical Students

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KEYWORDS	ABSTRACT
Parental Pressure, Perfectionism, Procrastination And Narcissistic Vulnerability	The present study aims to examine the relationship between parental pressure, perfectionism, and procrastination among medical students, with a focus on the mediating role of narcissistic vulnerability. A cross-sectional survey research design was employed and comprised two phases: a pilot and a main study. Results showed that parental pressure and perfectionism were significantly and positively related to narcissistic vulnerability while only rigid perfectionism was positively associated with academic procrastination. Mediation analysis further indicated that narcissistic vulnerability played small but significant mediating role between parental pressure and procrastination and partial mediating role between perfectionism and procrastination. The findings imply that educators, mental health professionals, and policy-makers should develop interventions targeting perfectionistic rigidity, emotional regulation, and fear of imperfection. Awareness programs for parents and psychological support initiatives within medical institutions can help foster autonomy, reduce emotional strain, and minimize procrastination by addressing internalized pressure and maladaptive perfectionism.
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